



Complete Spine & Pain Care

...helping you return to you!

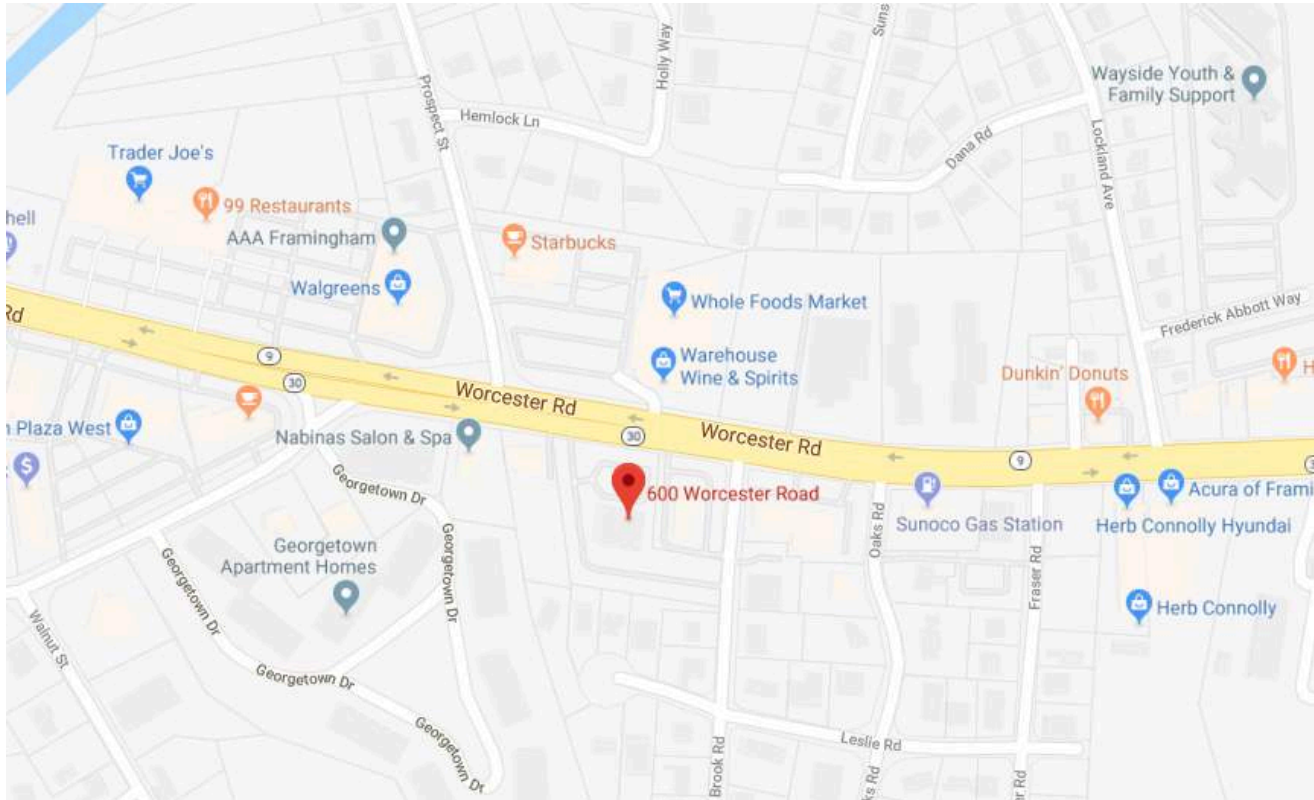
LOCATIONS AND DIRECTIONS

MAIN CLINIC: FRAMINGHAM

600 Worcester Road (Route 9), Framingham, MA 01702

(508) 665-4344 (office)

(508) 665-4355 (fax)



From the Mass Turnpike (I-90 E or W)

- Take EXIT 12 then Merge onto Worcester Rd/RT-9 E toward Framingham.
- Continue on Worcester Rd/RT-9 E for approx. 2.9 miles.
- 600 Worcester Rd will be on the right
- Come up to Suite 301 on the 3rd floor

From RT-9 W

- Make a U turn by taking the Edgell Rd exit then continuing onto MA-30 W then make a sharp left onto MA-30 E and merge back onto MA-30 E/MA-9 E/Worcester Rd via the ramp on the left to Wellesley/Boston
- Continue for 0.6 of a mile
- 600 Worcester Rd will be on the right
- Come up to Suite 301 on the 3rd floor



BETH ISRAEL DEACONESS HOSPITAL – NEEDHAM LOCATION

300 Chestnut Street, Suite 900, Needham, MA 02492



From the North, West and East:

- Take Route 128 South to Exit 19B.
- Proceed on Highland Avenue for approximately 1.5 miles.
- Bear Right onto Chapel Street.
- Cross Great Plain Avenue onto Chestnut Street.
- Follow Chestnut Street past BI Deaconess Hospital and past Dunkin Donuts.
- 300 Chestnut Street will be on your left
- Park in the basement level behind the building and go to the second floor, Suite 900

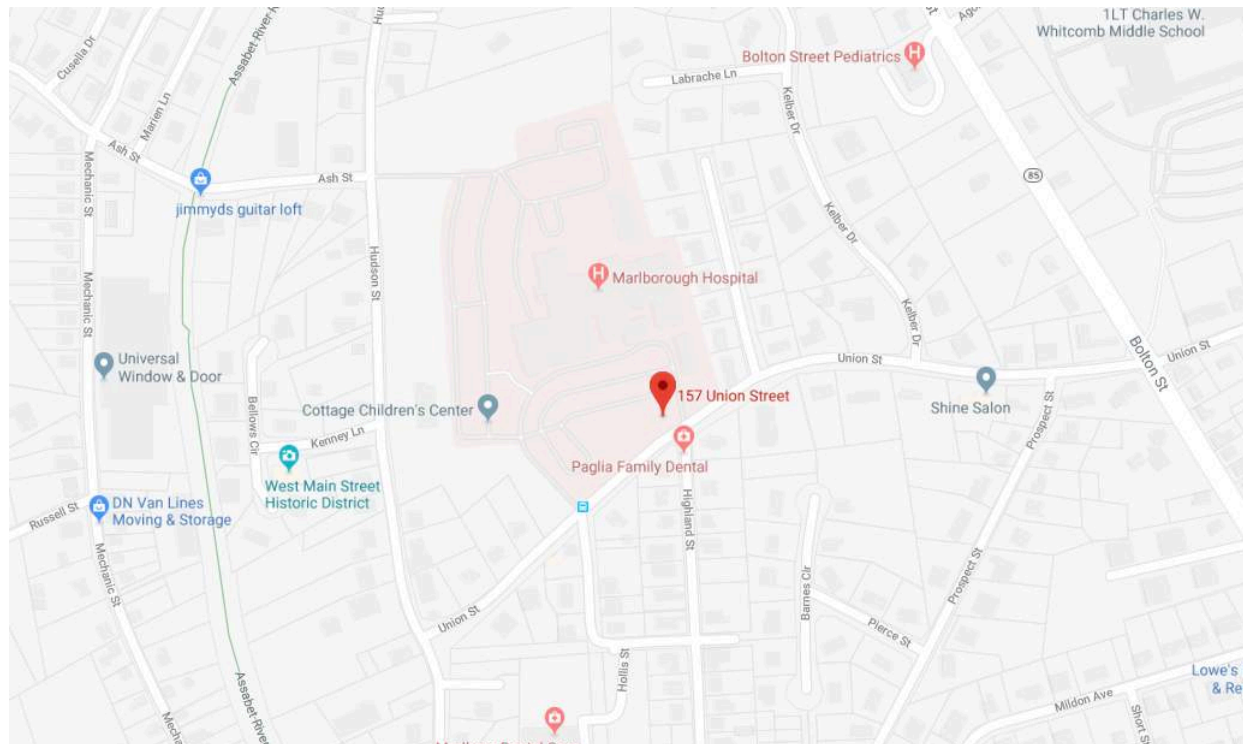
From the South:

- Take Route 128 North to Exit 17.
- Turn Right onto Route 135.
- Proceed approximately 0.9 mile then turn left at South street
- Proceed 0.6 miles then bear Right onto High Rock Street
- Proceed 0.3 miles then turn right onto Chestnut Street
- Proceed ½ mile and 300 Chestnut Street will be on your right
- Park in the basement level behind the building and go to the second floor, Suite 900



MARLBOROUGH HOSPITAL LOCATION

157 Union Street, Marlborough, MA 01752



From I-495:

- Take Exit 25A toward Hudson, Route 85 South.
- Take 85 South (Bolton Street) to Marlborough, passing the Marlborough Police Headquarters.
- At the next set of lights, turn Right onto Union Street.
- Marlborough Hospital is ½ mile ahead on the Right.

From the Mass. Turnpike East:

- Take Exit 11A to I-495 North.
- Take Exit 25A toward Hudson, Route 85 South.
- Take 85 South (Bolton Street) to Marlborough, passing the Marlborough Police Headquarters.
- At the next set of lights, turn Right onto Union Street.
- Marlborough Hospital is ½ mile ahead on the Right.

From the Mass. Turnpike West:

- Take Exit 12, Route 9 West.
- Take Route 9 to Route 85 North.
- Cross Route 20 in Marlborough and proceed to the second set of lights.
- Take a Left onto Union Street. Marlborough Hospital is ½ mile ahead on the right.

From I-290:

- Take the Route 85 (Bolton Street) exit.
- Take Route 85 South to Marlborough, passing the Marlborough Police Headquarters.
- At the next set of lights, turn Right onto Union Street.
- Marlborough Hospital is ½ mile ahead on the right.

From Route 20:

- Take Route 20 to Route 85 North (Bolton Street).
- At the third set of lights, take a Left onto Union Street.
- Marlborough Hospital is ½ mile ahead on the right.